

Role of Stem Cell Transplantation in Multiple Myeloma: The Changing Landscape

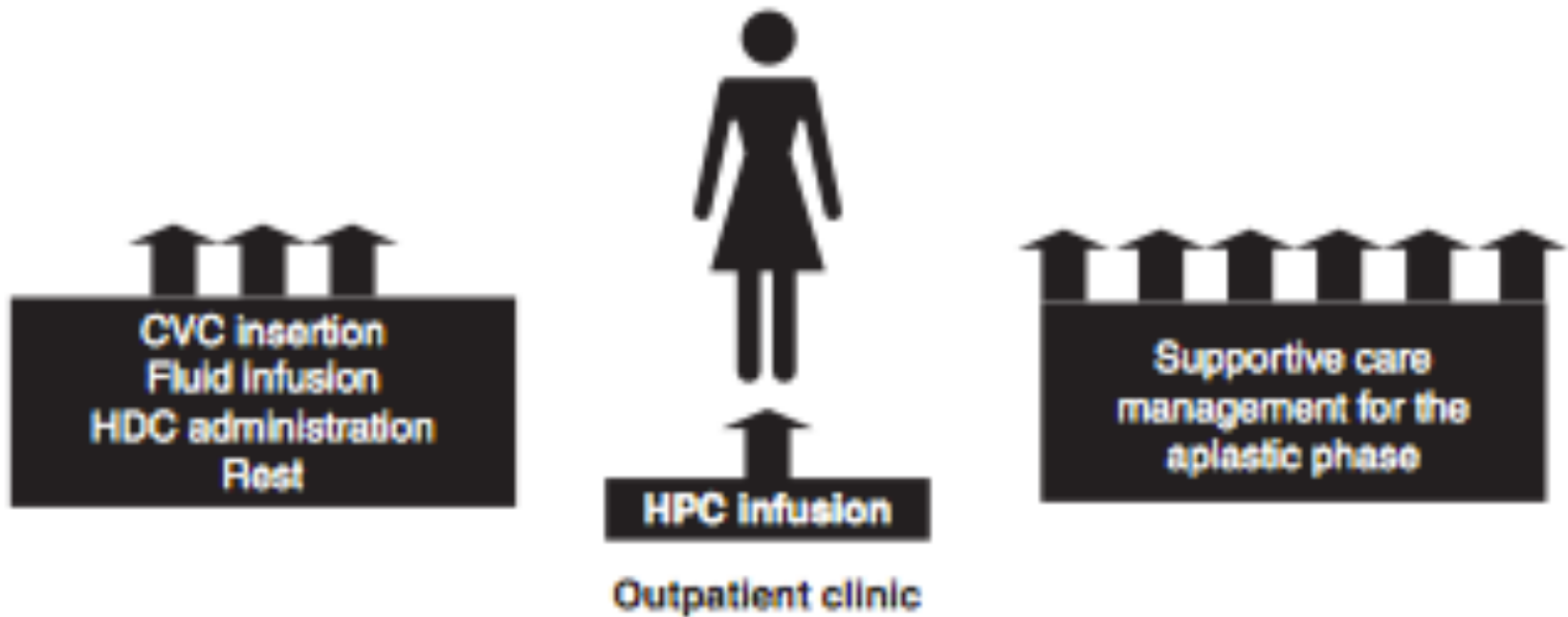
**Simrit Parmar, MD
MDACC
Houston, TX, USA**

Why Transplant in the Era of Novel Therapy?

- Safe (TRM <2%)
- Highest CR rates before novel agents
- Higher CR rates when used in combination with novel agents
- Mature data on the durability of response
- Longer PFS and better QOL in patients receiving Auto HCT early
- Comparable cumulative cost

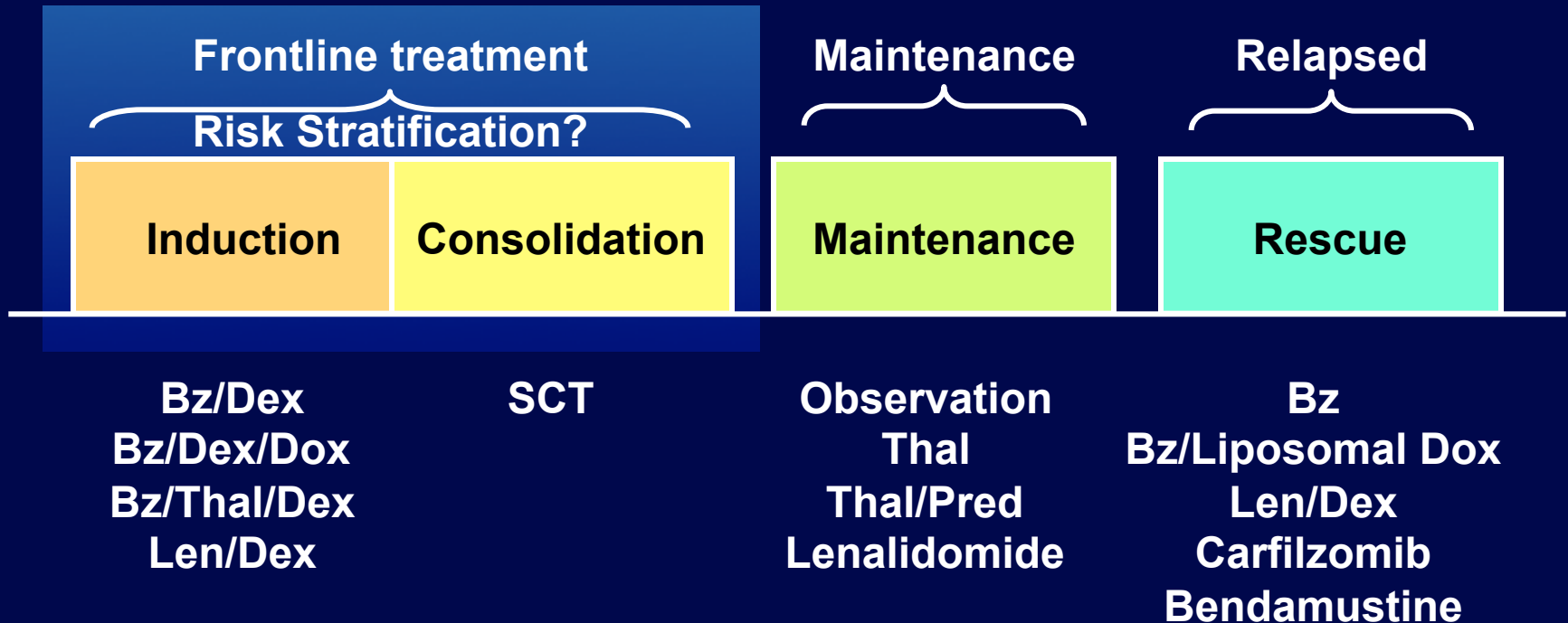
	G-CSF Mob. + ASCT	Revlimid +Velcade +Dex (6 cycles)	Velcade + Dex (6 cycles)
Cost	155K	150K	126K

AutoSCT in Outpatient Setting

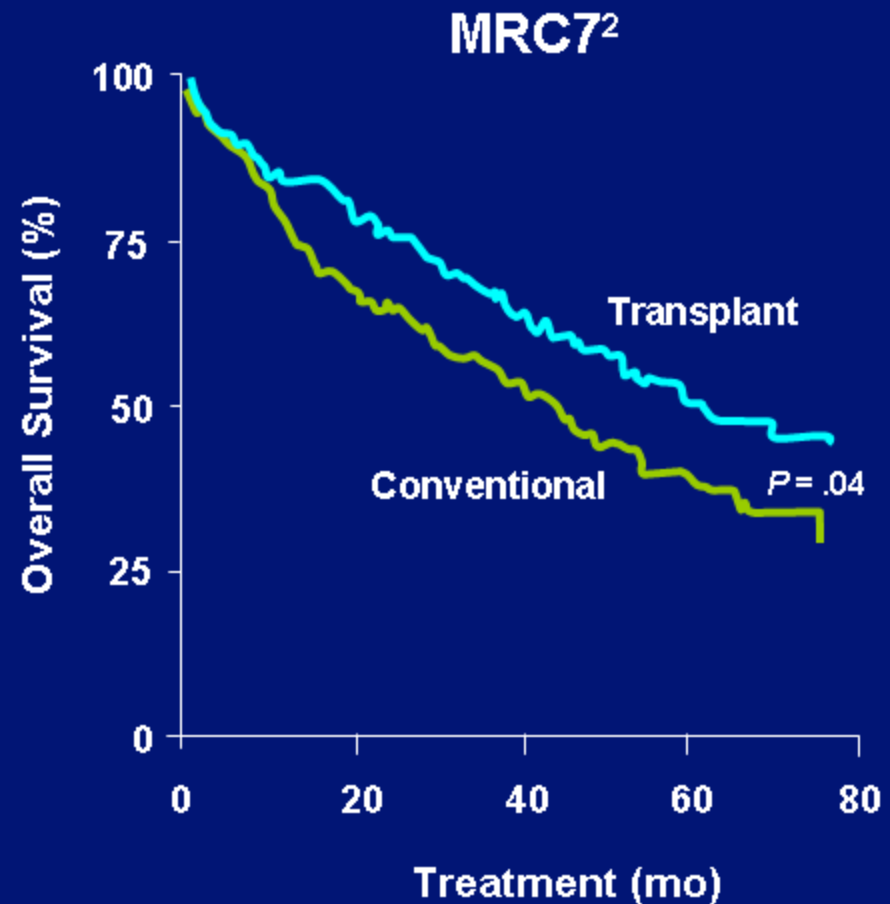
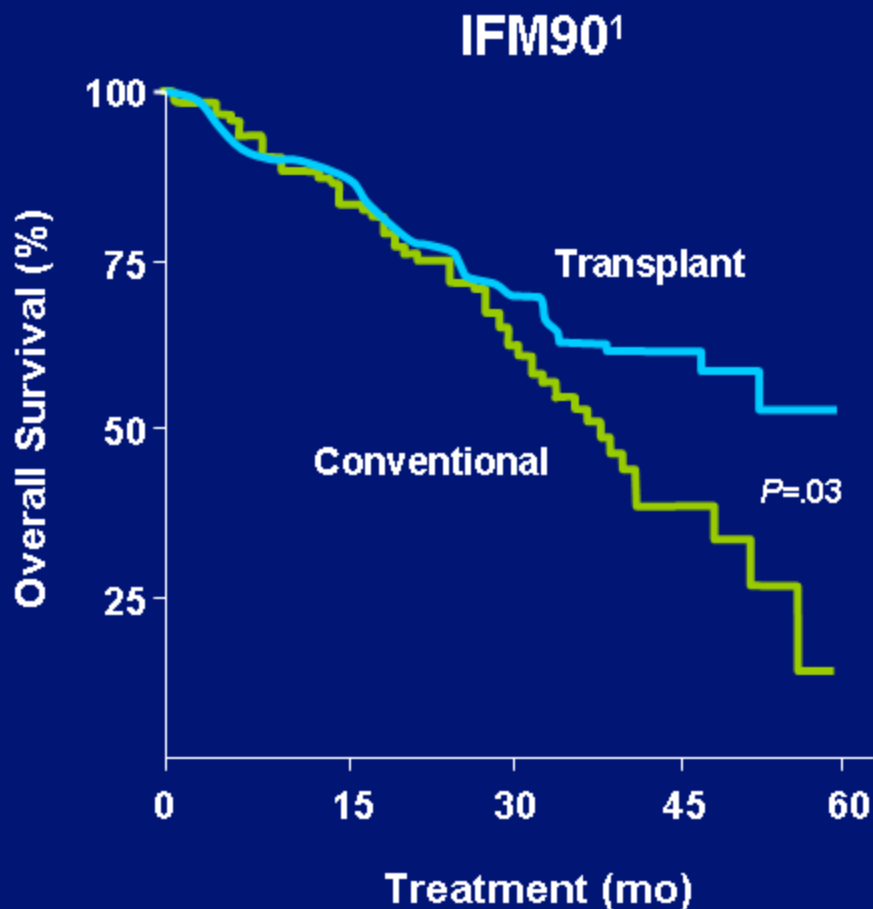


Multiple Myeloma Treatment Lines in Transplant-Eligible Patients

Current Paradigm



Early Myeloablative Therapy in Autologous BM Transplant Patients



1. Adapted with permission from Attal M et al. *N Engl J Med.* 1996;335:91

2. Adapted with permission from Child JA et al. *N Engl J Med.* 2003;348:1875

THE TRANSPLANT QUESTIONS FOR 2012

- **Focusing on reducing burden of treatment**
 - **Does everybody need triple therapy induction?**
 - Would a doublet (Rd or Vd) be sufficient for standard risk disease?
 - Is VRD the new standard?
 - No randomized trial data available
 - **Optimal duration of induction?**
 - 2 cycles vs 4 cycles vs “best response”?
- **Define Timing of SCT**
 - Is SCT optional for patients achieving a CR?
 - Should salvage SCT be offered to all relapsing patients SCT naïve or not?
- **Focusing on improving therapy**
 - Incorporating new agents into conditioning regimens
 - Reducing morbidity
 - Preventing relapse: Maintenance Therapy

Tumor Burden Reduction

- **CR** or **VGPR** has emerged as the most important factor associated with a prolonged progression-free survival (PFS) and overall survival (OS)
- The sensitivity to the initial chemotherapy, measured by the M-protein reduction at the time of transplantation, is the most **important predictor** of residual disease after ASCT

Luskin et al 4134

- VRD → AutoSCT
- At 100 days post-ASCT, **33% showed improvement in disease response.**
- PFS at 12 months post-ASCT is 85%

Randomized Phase III HOVON-65/ GMMG-HD4 Trial

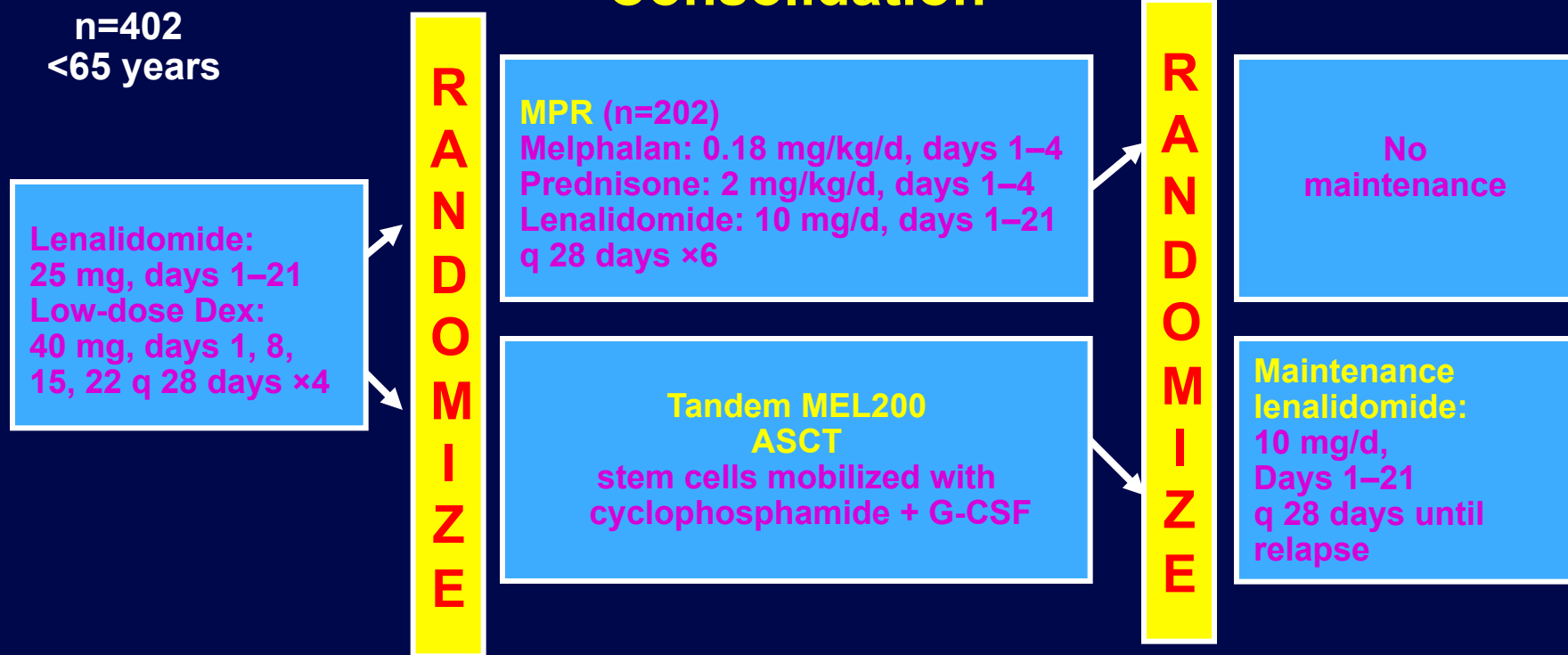
	VAD (%) N=414	PAD (%) N=413	p-value
Complete Response	2	7	<0.001
≥ nCR	5	11	<0.001
≥ VGPR	14	42	<0.001
≥ PR	54	78	<0.001
After HDM			
Complete Response	9	21	<0.001
≥ nCR	15	31	<0.001
≥ VGPR	36	62	<0.001
≥ PR	75	88	<0.001

Phase 3 PETHEMA/GEM study

	VTD (n=130)	TD (n=127)	VBMCP/ VBAD/B (n=129)
CR	35%	14%	21%
PFS	56.2 mos	28.2 mos	35.5 mos
After HDM			
CR	46%	24%	38%

Melphalan/Prednisone/Lenalidomide (MPR) vs MEL200/ASCT Following Lenalidomide/Dexamethasone (Ld) Induction

Consolidation



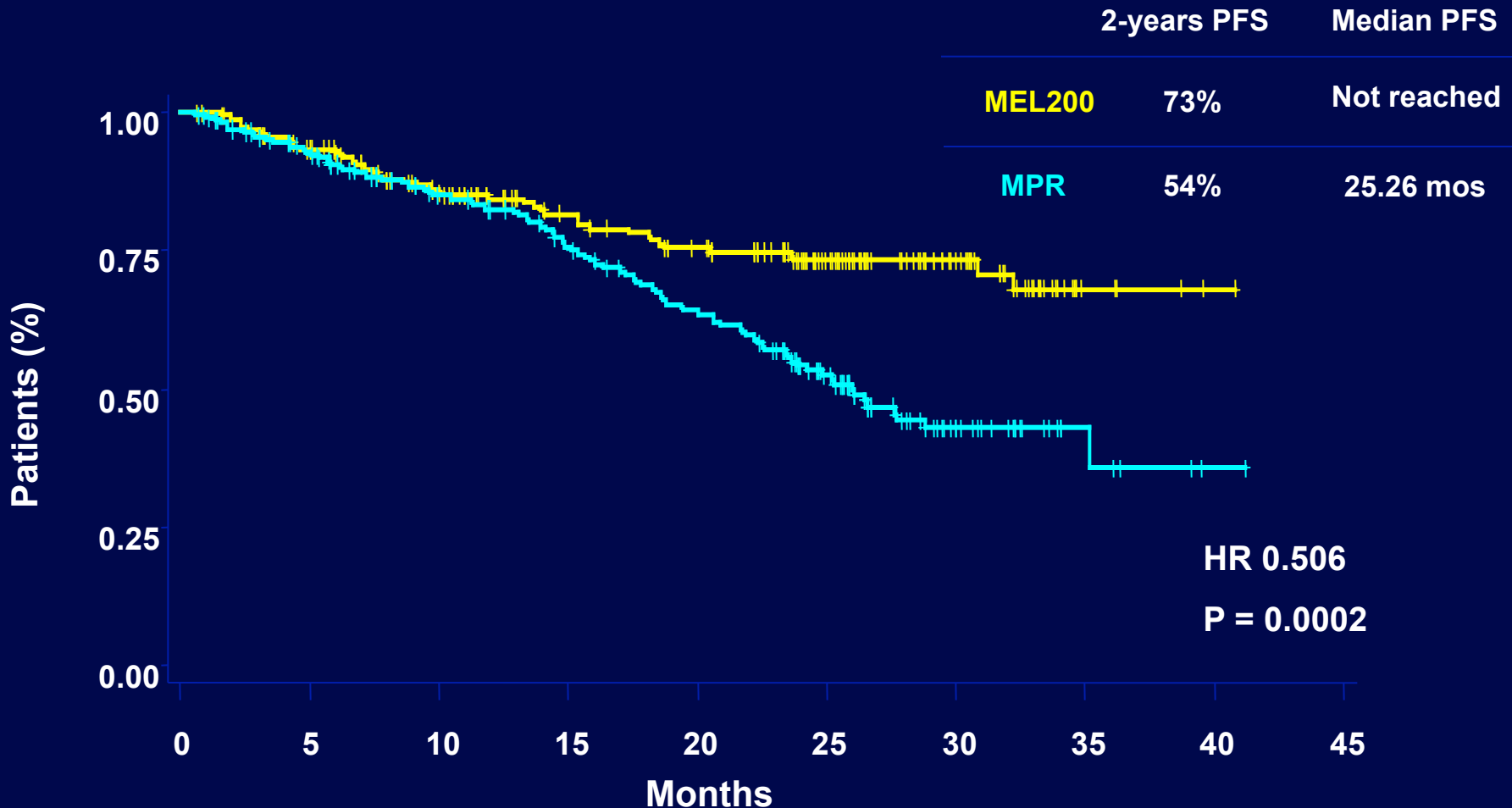
Primary end point: PFS

Palumbo A et al. *Blood*. 2009;114:Abstract 350.

Progression Free Survival

49.4% Reduced Risk of Progression

Median follow-up 26 months



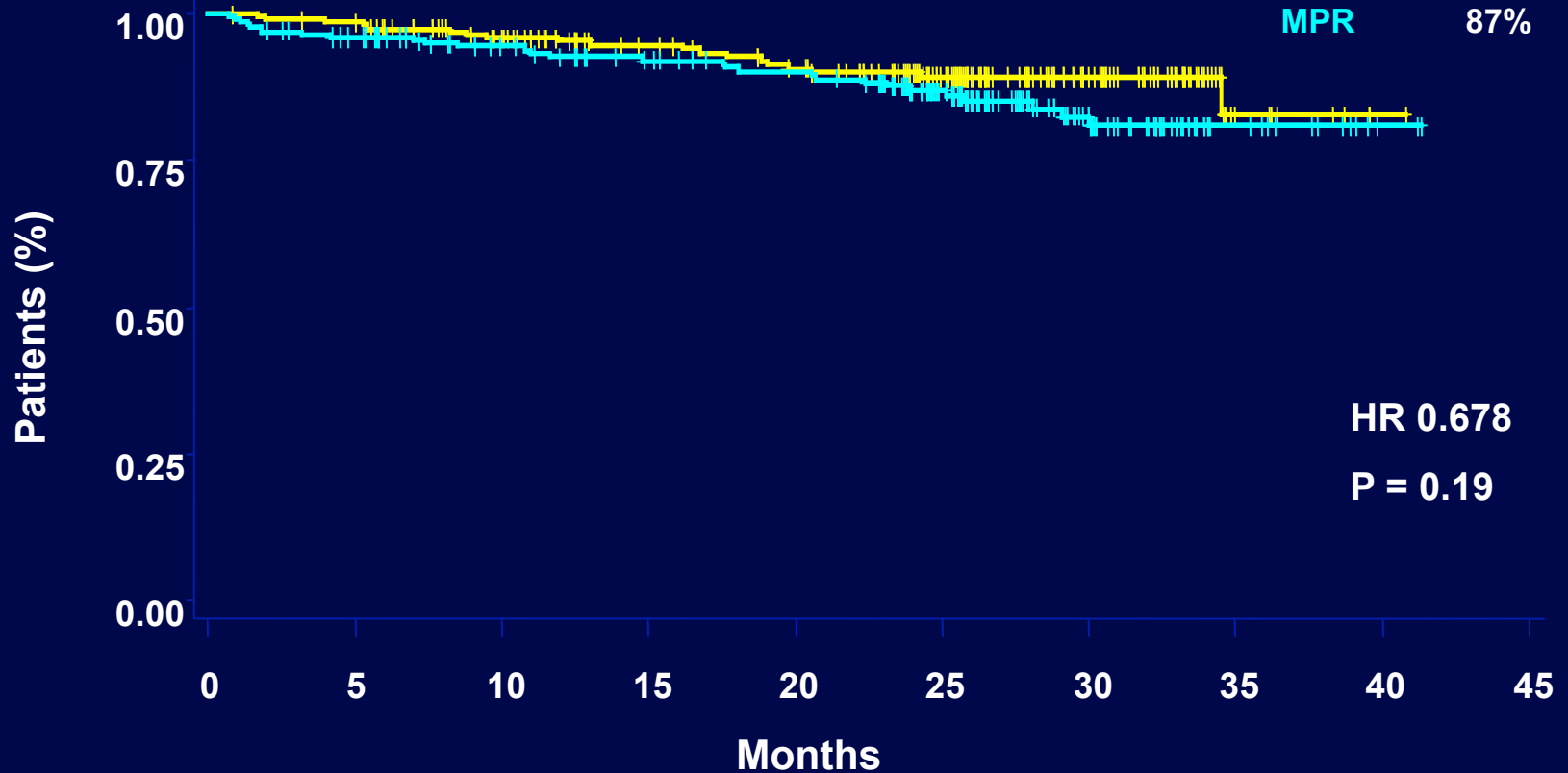
Overall Survival

Median follow-up 26 months

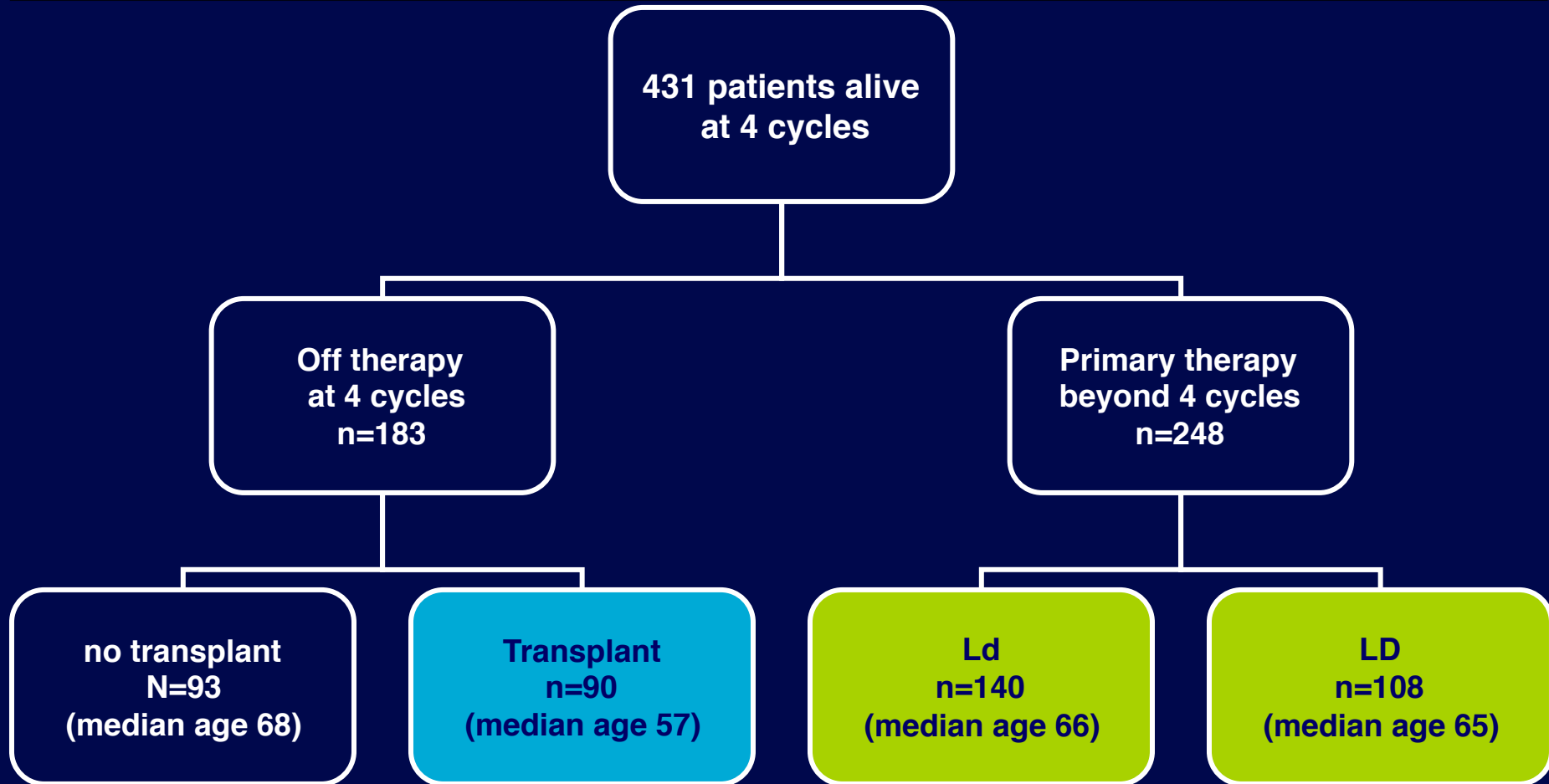
2-years OS

MEL200 90%

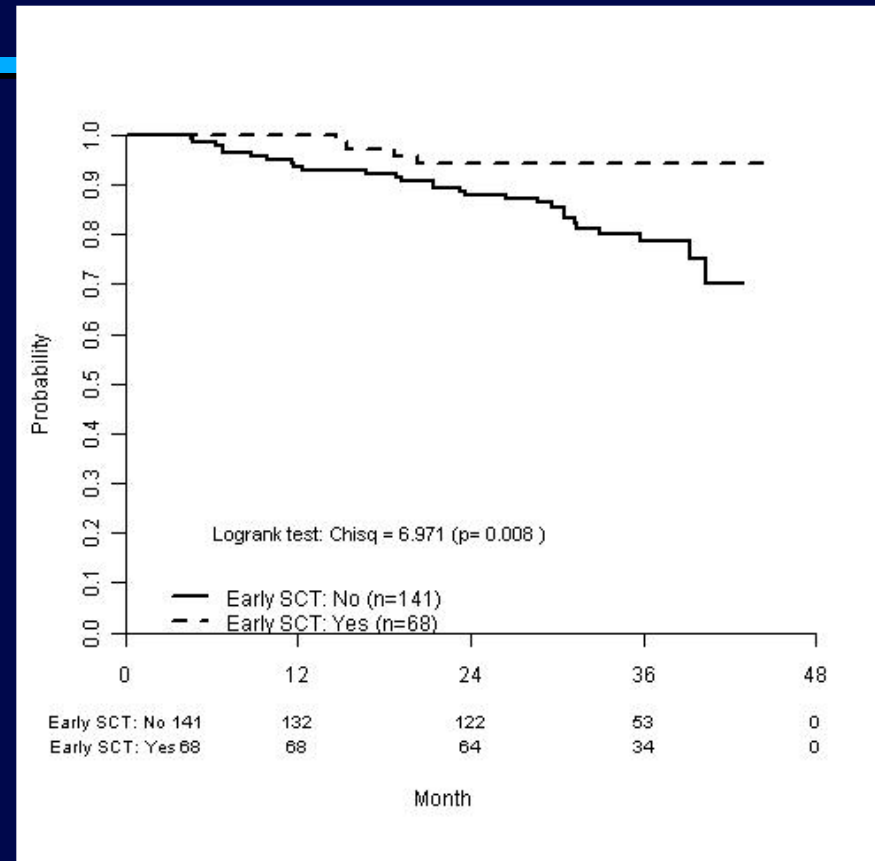
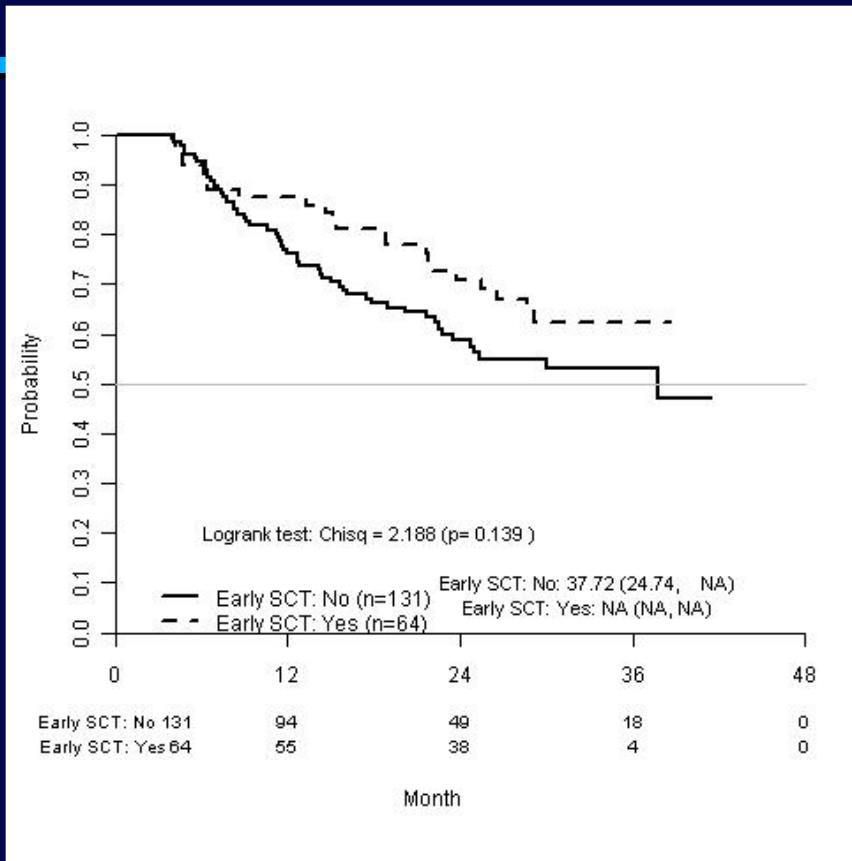
MPR 87%



E4A03: Landmark Analysis at Median Follow-up of 36 mo



Outcomes in pts Age <65



Progression Free Survival

Overall Survival

Summary: Conventional Chemotherapy vs. Single Auto HCT

- OS benefit in at least 2 large, randomized trials
- Novel agents (lenalidomide, bortezomib) are not curative
- RCT incorporating the novel agents (VTD) as induction and/or consolidation with auto HCT are showing significant improvement in outcome (Harousseau et al. JCO 2010; Cavo et al. Lancet 2010)
- NCCN: Category 1 evidence supports proceeding straight to auto HCT after induction therapy

Thal Dex Maintenance: Brazilian Multiple Myeloma Study Group (BMMSG/GEMOH)

- VAD induction → MEL200 ASCT
- Randomize to Dex (n=52) or Thal/dex (n=56; 200 mg daily) for 12 mos or until ds progression
- Median follow-up 27 months
- ITT analysis; 2-year PFS of 30% vs. 64% (p= 0.002),
- In patients <VGPR, the 2-yr PFS 19% vs. 59% (P= 0.002)
- OS 70% vs. 85% (p=0.27)

Role of Consolidation Therapy Hypothesis

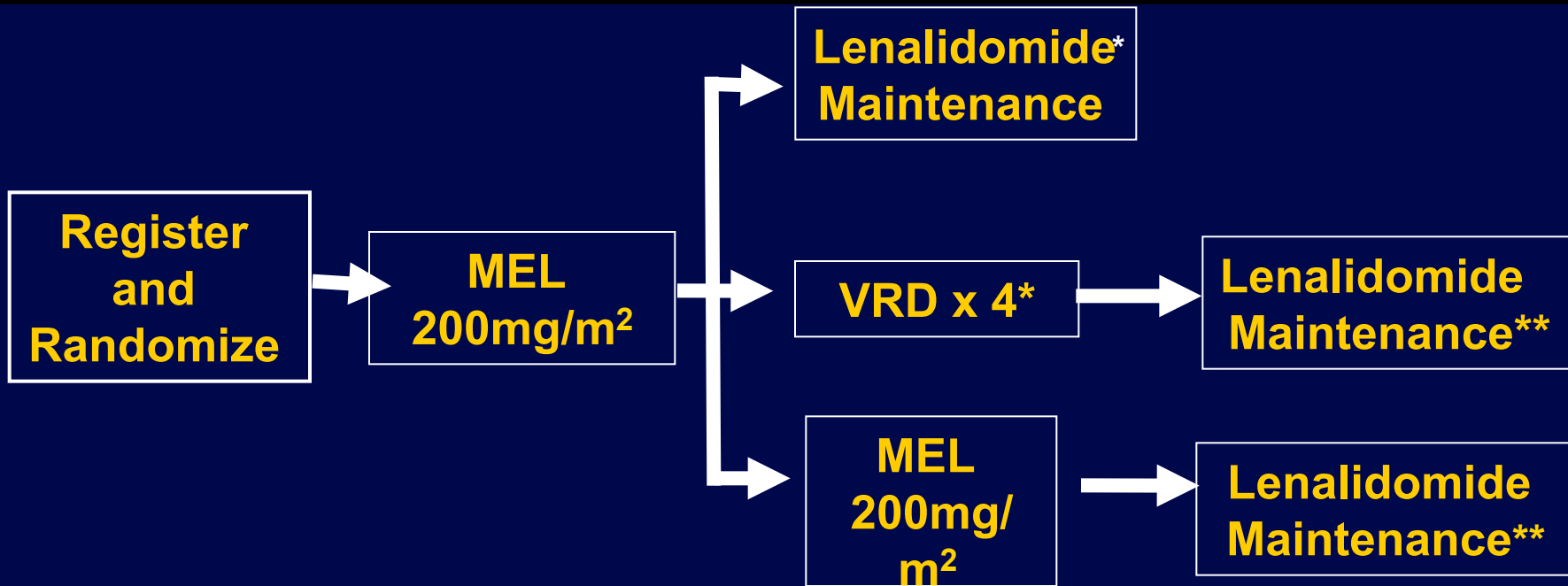
Incorporation of new agents as post transplant consolidation will improve EFS compared to consolidation with second autologous HCT.

BMT CTN 0702

A Trial of Single Autologous Transplant with or without RVD Consolidation versus Tandem Transplant and Maintenance Therapy.



BMT CTN 0702: SCHEMA



* Bortezomib 1.3mg /m² days 1, 4, 8,11
Lenalidomide 15mg days 1-15
Dexamethasone 40mg days 1, 8, 15

**Lenalidomide 15 mg daily x 3years



Summary

- High dose melphalan with autologous stem cell support **remains** the standard of care for consolidation therapy for patients with chemosensitive disease
- Current therapy with high dose melphalan followed by **maintenance therapy** results in more than 70% major responses and median remission durations of around 3.5-4 years.
- Moving forward **minimizing toxicities**, developing more effective conditioning regimens and better risk stratification will allow us to provide each patient with the best chance of a long life with myeloma control, good quality of life with the least treatment burden

MDACC 2012



**We Thank
Our Patients and their Families**

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